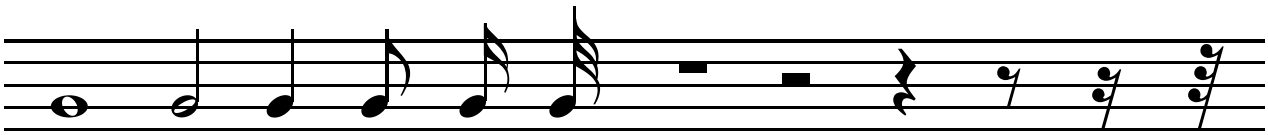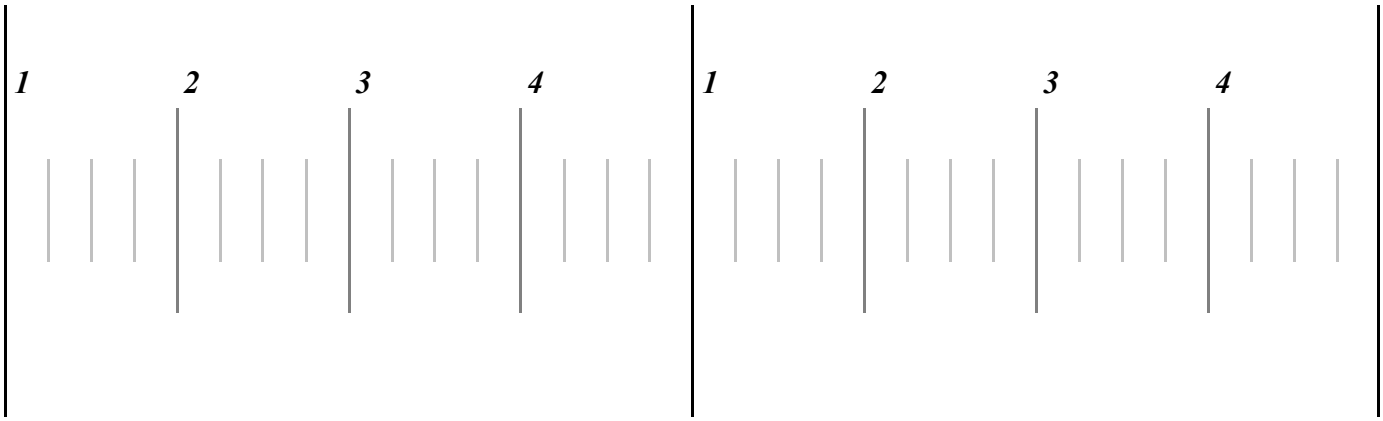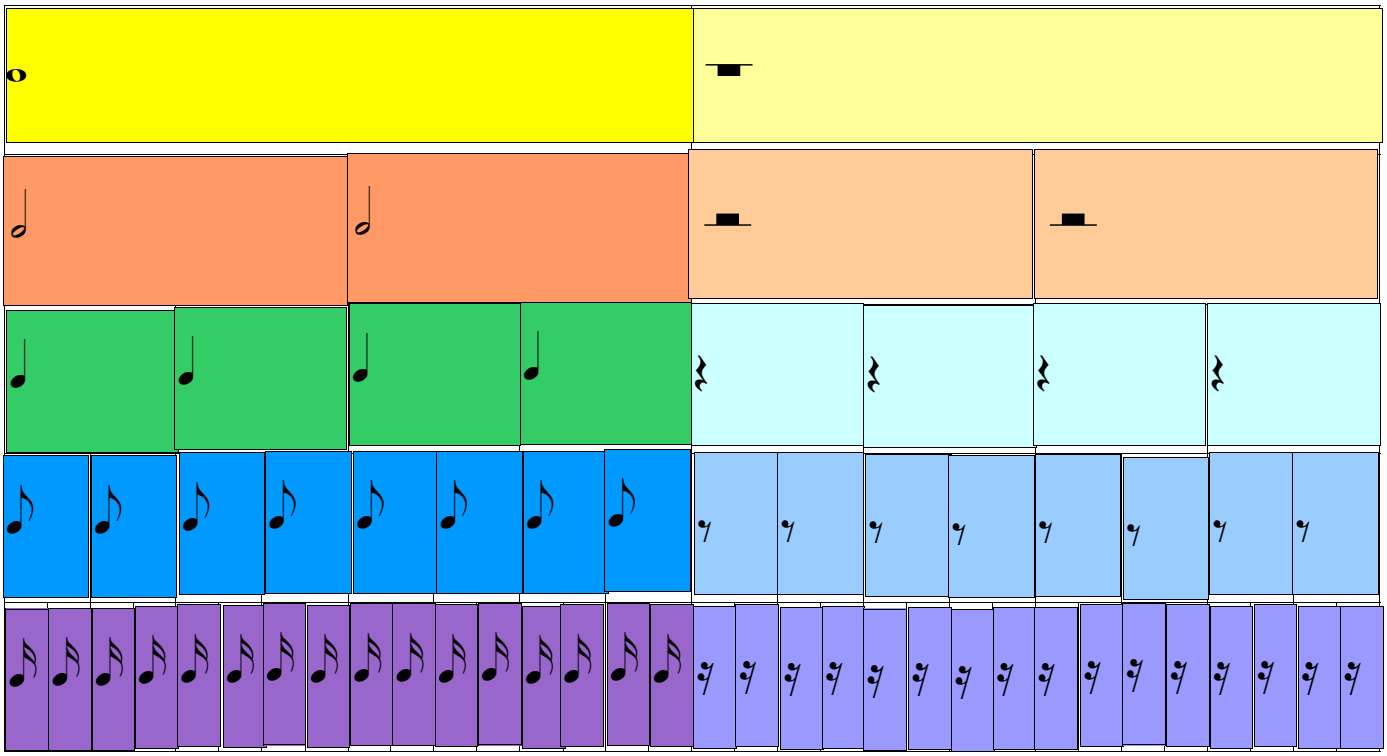Noten- und Pausenwerte